

FOR IMMEDIATE RELEASE

Contact: Dina White
646-797-2030
DWhite@kruppnyc.com

Amanda Kornak
646-462-4135
akornak@kruppnyc.com

Li Wang
917-225-3693
lwang@kruppnyc.com

NEW DOCUMENTARY “HEAL” DISCOVERS HOW THOUGHTS, BELIEFS AND EMOTIONS CAN HEAL THE BODY FROM “DIS-EASE”

HEAL will make its world premiere at the Illuminate Film Festival as it kicks off the Festival's Opening Night on June 1, and will unveil at various film festivals across the country.

LOS ANGELES, CA (May 22, 2017) -- In the new documentary film *HEAL*, director/writer/producer Kelly Noonan and producer Adam Schomer reveal that we have more control over our health and life than we have been taught to believe. The 105-minute documentary embarks on a scientific and spiritual journey and theorizes that the power of belief is everything. The film follows two people on healing journeys who gain powerful revelations on the incredible influence the mind has on our ability to heal, and on our overall health. Audiences discover that we are not victims of our family genes, but truly have the power to heal virtually any “dis-ease” through our thoughts, beliefs, perceptions and emotions.

HEAL will make its world premiere at the Illuminate Film Festival in Sedona as it kicks off the festival's Opening Night on June 1, and will unveil at various film festivals across the country.

The film features interviews with Deepak Chopra, Bruce Lipton, Marianne Williamson, Michael Beckwith, Gregg Braden, Anita Moorjani and other leading scientists, teachers and experts on the mind-body connection, who describe and highlight the relationship between spirituality and science.

“One of the biggest influences I had in why I decided to make this film was reading Anita Moorjani's book, “What If This is Heaven,” and her amazing recovery from Stage 4 cancer,” said Noonan. “I learned that it's never too late

for the body to heal. I realized that I must do something to send this powerful message to as many people as I can."

Director Kelly Noonan spent 20 years in front of the camera before deciding to turn her attention to filmmaking (previous projects include *Tooken* (2015), *Beneath* (2013) and *Take a Seat* (2011)). Her co-producer Adam Schomer, who has been meditating since he was 18, decided to join the project once he heard about Noonan's passion and vision, as well as his personal heroes that would be behind the film. Schomer has worked on a number of films and series including, *The Highest Pass* (2012), *The Polygen* (2014), *One Little Pill* (2015) and *The Road to Dharma* (2017), that bring insight into important issues and ourselves.

"I really connected with this idea of empowering people to take charge of their own health outcomes," said Schomer. "I believe in what we've accomplished with the *HEAL* documentary, and that is to really open audiences' eyes to the science behind mindfulness. There is a deep connection between our immune system's ability to function and our brain function."

At the core of *HEAL*, we uncover that everything starts in the mind. The authentic healing journeys in the film demonstrate how healing can be extremely complex and deeply personal, but it can also happen spontaneously in a moment. Through following a handful of inspiring and emotional stories we find out what works, what doesn't, and why.

###

About HEAL

Director Kelly Noonan's documentary *HEAL* takes us on a scientific and spiritual journey where we discover that our thoughts, beliefs, and emotions have a huge impact on our health and ability to heal. The latest science reveals that we are not victims of unchangeable genes, nor should we buy into a scary prognosis. The fact is we have more control over our health and life than we have been taught to believe. This film will empower you with a new understanding of the miraculous nature of the human body and the extraordinary healer within us all. *HEAL* not only taps into the brilliant minds of leading scientists and spiritual teachers, but follows two people on actual high stakes healing journeys.

For more information, please visit www.healdocumentary.com as well as the Social Media Links below.

Facebook: www.facebook.com/healdocumentary

Twitter: <https://twitter.com/HealDocumentary?lang=en>

Instagram: @healdocumentary #healdocumentary

###